

Gleichstellung und Integration

#### AGIT – Anlaufstelle sexualisierte Gewalt in Tübingen für Frauen \* Männer Contact point for sexual violence in Tübingen for Women & Men

Counselling and support for women & men who are currently experiencing sexual violence or who experienced it in childhood.

www.agit-tuebingen.de

#### Contact for women\*

Frauen helfen Frauen e. V.

Weberstraße 8, 72070 Tübingen Telephone: 07071 7911100

E-mail: fhfagit.tue@t-online.de

### Contact for men\*

PfunzKerle e. V.

Unter dem Holz 3, 72072 Tübingen

Telephone: 07071 7911101 E-mail: agit@pfunzkerle.org

### Universitäts-Frauenklinik Tübingen University Women's Hospital Tübingen

Women and girls who have become victims of sexual violence can contact the outpatient clinic of the University Women's Hospital at any time. Here they can receive a medical examination and treatment. The clinic can secure evidence for possible criminal proceedings (ideally within 72 hours).

Calwer Straße 7, 72076 Tübingen Telephone: 07071 2982211 (Front gate)

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# Important telephone numbers and contact addresses

#### in case of domestic and sexual violence

## In acutely dangerous situations: Emergency police telephone number: 110

The police can immediately remove the violent person from the apartment and issue a restraining order or take them into custody.

In case of life-threatening injuries: Ambulance telephone number: 112

### Hausärztliche Notfallpraxis für den Kreis Tübingen in der Ambulanz der Medizinischen Klinik Emergency GP's office for the district of Tubingen in the Outpatient Department of the Medical Clinic

If you require medical treatment but your GP's office is closed, contact the on-call medical service (ärztlicher Bereitschaftsdienst).

Otfried-Müller-Straße 10, 72076 Tübingen Mon to Thurs 7:00 p.m. to 10:00 p.m. Fri 4:00 p.m. to 10:00 p.m. Sat, Sun and holidays 8:00 a.m. to 10:00 p.m.

Telephone number for essential home visits: 07071 116117

#### Hilfetelefon Gewalt gegen Frauen Helpline for Violence against Women Phone 08000 116 016 (nationwide)

The helpline offers round-the-clock counselling for women who are experiencing or have experienced violence. Relatives, friends and professionals can also get free advice. The counselling is anonymous and available in 17 languages. Online counselling and counselling in sign language is also offered. www.hilfetelefon.de

# Interventionsstelle Häusliche Gewalt Intervention Agency for Domestic Violence Frauen helfen Frauen e. V.

The intervention agency offers counselling after police involvement. Crisis intervention, advice according to the Protection against Violence Act and referral to further points of support are the key aspects of the service.

Weberstraße 8, 72070 Tübingen Telephone: 07071 760706 E-mail: fhfintervention.tue@t-online.de www.frauen-helfen-frauen-tuebingen.de

#### Beratungsstelle Häusliche Gewalt Counselling Centre for Domestic Violence Frauen helfen Frauen e. V.

Counselling for women who have experienced violence and their families. Referral to further services for help and support.

Weberstraße 8, 72070 Tübingen Telephone: 07071 26457 E-mail: fhfberatung.tue@t-online.de www.frauen-helfen-frauen-tuebingen.de

# Autonomes Frauenhaus Tübingen Tübingen Autonomous Women's Shelter Frauen helfen Frauen e. V.

Refuge and shelter for women and their children. Counselling and support in planning their future lives. The address of the women's shelter is anonymous.

PO box 1528, 72005 Tübingen Telephone: 07071 66604 E-mail: fhffrauenhaus.tue@t-online.de www.frauen-helfen-frauen-tuebingen.de

#### **WEISSER RING**

#### Victims' helpline 116 006

Nationwide. Free of charge. Anonymous. An assistance service from the WEISSER RING: 7 days a week from 7:00 a.m. to 10:00 p.m.

Counselling for anyone who has been confronted with a criminal offence.

E-mail: Baden-Wuerttemberg@weisser-ring.de www.tuebingen-baden-wuerttemberg.weisser-ring.de

#### Männerberatung und Gewaltsensibilisierungstraining Men's counselling and violence sensitization training PfunzKerle e. V.

Counselling for men from men. One-on-one talks and group training for violent men.

Unter dem Holz 3, 72072 Tübingen Telephone: 07071 360989 E-mail: handeln@pfunzkerle.org www.pfunzkerle.org

#### Hilfetelefon Gewalt an Männern Helpline for Violence against Men Phone 0800 1239900

A nationwide service for all men who have experienced violence and want to talk about it.

Mon to Thurs 9:00 a.m. to 1:00 p.m., 4:00 p.m. to 8:00 p.m. Fri 9:00 a.m. to 3:00 p.m.

E-mail: beratung@maennerhilfetelefon.de www.maennerhilfetelefon.de